

**Turkey Branch Baptist Church**  
***“Rest of the Sabbath”***  
**03/13/22**

I. Exodus 31:12-17

- 1) The Sabbath is a sign and reminder of salvation.
  
  
- 2) Sabbath profaners receive the death penalty.
  
  
- 3) The Sabbath causes us to rest and recharge.

II. Mark 6:30-34

- 1) Great highs are followed with great crashes.
  
  
- 2) God’s rhythm of work/rest/work protects us from that.

III. Matthew 12:11-12

- 1) To do “good” is lawful on the Sabbath.

IV. The Invitation: REST in Christ.



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